



*Prayers, Saints and Quotes*

## **The Apostles' Creed**

**I believe in God, the Father  
Almighty, Creator of heaven and  
earth; And in Jesus Christ, His only  
Son, our Lord; Who was conceived  
by the Holy Spirit, Born of the  
Virgin Mary, Suffered under Pontius  
Pilate, Was crucified, died, and was  
buried. He descended into hell; The  
third day he rose again from the  
dead; He ascended into Heaven, And  
is seated at the right hand of God,  
the Father Almighty; From thence he  
shall come to judge the living and the  
dead.**

**I believe in the Holy Spirit,  
The Holy Catholic Church,  
The Communion of Saints,  
The forgiveness of sins,  
The resurrection of the body,  
And life everlasting. Amen**

Scriptural Rosary by KofC

Prayer Time by KofC

free CIS courses by  
Knights of Columbus

The Catholic Warriors

The Mysteries of the Rosary Video

Prayers by Catholic Online

Listen Online | The Rosary Album  
By St. Paul Street Evangelization

## **Hail, Holy Queen**

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.

## **THE SAINT MICHAEL PRAYER**

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Divine Power of God, cast into hell Satan and all the evil spirits who roam throughout the world seeking the ruin of souls.

## **Jesus Prayer**

Lord Jesus Christ, son of God, have Mercy on me, a sinner.

## **Thomas Aquinas**

Grant me, O Lord my God, a mind to know you, a heart to seek you, wisdom to find you, conduct pleasing to you, faithful perseverance in waiting for you, and a hope of finally embracing you. Amen.

## **Litany of Humility**

O Jesus! meek and humble of heart, Hear me.

From the desire of being esteemed,

Deliver me, Jesus. (repeat after each line)

From the desire of being loved,

From the desire of being extolled,

From the desire of being honored,

From the desire of being praised,

From the desire of being preferred to others,

From the desire of being consulted,

From the desire of being approved,

From the fear of being humiliated,

From the fear of being despised,

From the fear of suffering rebukes,

From the fear of being calumniated,

From the fear of being forgotten,

From the fear of being ridiculed,

From the fear of being wronged,

From the fear of being suspected,

That others may be loved more than I,

Jesus, grant me the grace to desire it.

(repeat after each line)

That others may be esteemed more than I ,

That, in the opinion of the world,

others may increase and I may decrease,

That others may be chosen and I set aside,

That others may be praised and I unnoticed,

That others may be preferred to me in everything,

That others may become holier than I, provided

that I may become as holy as I should,

## • **The Bless Us oh Lord**

Bless us, Oh Lord, and these thy gifts which we are about to receive from thy bounty, through Christ, Our Lord. Amen.

## • **Irish Night Prayer**

God made us a family, we need one another, we love one another, we forgive one another, we work together, we play together, we worship together, together we use God's word, together we grow in Christ, together we love all men, together we hope for heaven, these are our hopes and our ideals, help us to attain them oh God through Jesus Christ our Lord. Amen

## • **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen.

## **Most blessed and sweet Virgin Mary,**

Mother of God, filled with all tenderness, daughter of the most high King, Lady of the angels, mother of all the faithful: On this day and all the days of my life, I entrust to your merciful heart my body and my soul, all my actions, thoughts, decisions, desires, words, deeds, my entire life and death, so that, with your assistance, everything may be ordered to the good according to the will of your beloved Son, our Lord Jesus Christ. From your beloved Son, beg for me the grace firmly to resist the temptations of the world, the flesh, and the Devil.

My most holy Lady, I also beg you to obtain for me true obedience and humility of heart so that I may see myself truly as a sinner, miserable and weak and powerless, without the grace and assistance of my Creator and without your holy prayers. Obtain for me as well, most sweet Lady, true charity, so that from the depths of my heart I may love your most holy Son, our Lord Jesus Christ and, after him, love you above all others. Grant, Queen of Heaven, that always in my heart I may both fear and love your most sweet Son.

I pray also that, at the end of my life, Mother beyond compare, gate of heaven and advocate of sinners, you will protect me with your great piety and mercy, and obtain for me, through the blessed and glorious passion of your Son, and through your own intercession, the forgiveness of all my sins, which I hope to receive. When I die in your love and his love, guide me in the way of salvation and blessedness.

– St. Thomas Aquinas

## **Angelus**

V. The Angel of the Lord declared unto Mary,

R. And she conceived of the Holy Spirit.

Hail Mary, etc...

V. Behold the handmaid of the Lord.

R. Be it done unto me according to Your Word.

Hail Mary, etc...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary, etc...

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray:

Pour forth, we beseech You, O Lord,

Your Grace into our hearts;

that as we have known the incarnation of Christ,

your Son by the message of an angel,

so by His passion and cross

we may be brought to the glory of His Resurrection.

Through the same Christ, our Lord.

Amen.



## **St Francis Prayer**

Lord, make me an instrument of Your peace.

Where there is hatred, let me sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O, Divine Master,

grant that I may not so much seek to be consoled as to console;

to be understood as to understand;

to be loved as to love;

For it is in giving that we receive;

it is in pardoning that we are pardoned;

it is in dying that we are born again to eternal life.

## **Joyful Mystery of the Rosary**

Monday & Saturday

The Annunciation of the Lord to Mary

The Visitation of Mary to Elizabeth

The Nativity of our Lord Jesus Christ

The Presentation of our Lord

Finding Jesus in the Temple at age 12

## **Sorrowful Mystery of the Rosary**

Tuesday & Friday

The Agony of Jesus in the Garden

The Scourging at the Pillar

Jesus is Crowned with Thorns

Jesus Carried the Cross

The Crucifixion of our Lord

## **Glorious Mystery of the Rosary**

Wednesday & Sunday

The Resurrection of Jesus Christ

The Ascension of Jesus to Heaven

The Descent of the Holy Ghost

The Assumption of Mary into Heaven

Mary is Crowned as Queen of Heaven and Earth

## **Luminous Mystery of the Rosary**

Thursday

The Baptism in the Jordan

The Wedding at Cana

The Proclamation of the Kingdom

The Transfiguration

The Institution of the Eucharist

## Quotes

- God created us to glorifying him and save souls.
- Jesus created the Church to teach us, not to make us feel good.
- God centered as opposed to Man centered
- Choose God's will over free will.
- Heroic self sacrifice
- Humility as opposed to Pride.
- Pride always leads to your own destruction.
- Pray to see the Light of God's will and the courage to act on that will.
- The Holier you are the more JOY you will have.
- The Holier you are the less your mind will be disturbed. The Peace, therefore, will keep your Heart.
- Healthy, Happy and Holy.
- Fides Et Ratio. Faith and Reason
- Be in the world, but not of the world,
- Immerse yourself to what is excelling and beautiful.
- Confession – Examination of Conscious is Healing.
- Understanding Faith is Understanding Myself.
- Sacred Tradition, is Wisdom of God through Humility.
- Church Triumphant – What else is there, be a Saint.
- Church Suffering – Pray for the Souls in Purgatory.
- Church Militant – we the Pilgrims- defending the faith.
- Lack of Spiritual Comfort drives the seeking of Bodily Comfort – Interior emptiness.
- Pray with *Humility*, Pray with *Perseverance*, and Pray with *Confidence*.
- Reason is gained through wisdom, which is attained through Apostolic Tradition. - 33AD through 98AD

## Quotes

- Fides, Votum ET Sanctitas. Faith Hope and Charity.
- Viva Cristo Rey, Christ the King Lives.
- Orthodoxy – Standard of right belief. Magisterium.
- The Mind of Christ, “I came not to do my Will, but the Will of Him who sent me.”
- Just like Jesus did, Mary submitted to the will of God.
- Understanding Faith is Understanding Myself.
- If you can’t honor God, how can you honor His Son or Daughter?
- The closer you are to God, the more aware of Him you.
- MARY MAGNIFIES THE LORD. The Word, LOGOS, was made flesh and became God.
- Be Obedient to God’s will or obedient to Man.
- Agape is Divine Love. Opposite of Love is Fear.
- Anger, unreasonable desire of vengeance, clouds articulation, blinds you.
- Meekness is used to counteract sin of wrath ( anger )
- Boredom is Pride, The Lord is infinitely interesting.
- The Passion ( Sacrifice ) of Jesus, is what is happening everyday in the MASS.
- Give us this day our Daily Bread.
- The Choice is yours, follow Christ the King or follow the god of your conscience, Modernism.
- Contraception is a Spiritual Contraception, a separation from the Creator.

## Quotes

- The things that we love tell us what we are.  
- *Thomas Aquinas*
- For those with faith, no evidence is necessary; for those without it, no evidence will suffice.  
- *Thomas Aquinas*
- To pretend angels do not exist because they are invisible is to believe we never sleep because we don't see ourselves sleeping.  
- *Thomas Aquinas*
- Nothing created has ever been able to fill the heart of man. God alone can fill it infinitely.  
- *Thomas Aquinas*
- To love is to will the good of the other.  
- *Thomas Aquinas*
- If you can live amid injustice without anger, you are immoral as well as unjust.  
- *Thomas Aquinas*
- Man cannot live without joy; therefore when he is deprived of true spiritual joys it is necessary that he become addicted to carnal pleasures.  
- *Thomas Aquinas*
- "It is only God who creates. Man merely rearranges."  
- *Thomas Aquinas*

## Quotes

- "Where there is no obedience there is no virtue, where there is no virtue there is no good, where there is no good there is no love, where there is no love, there is no God, and where there is no God there is no Paradise."  
- *St. Padre Pio of Pietrelcina*
- "When we die to something, something comes alive within us. If we die to self, charity comes alive; if we die to pride, service comes alive; if we die to lust, reverence for personality comes alive; if we die to anger, love comes alive."  
- *Fulton J. Sheen,*
- "True love is completely open and free of self. It has only to give, even if the price is pain."  
- *Mother Dolores Hart*
- "If we are open to the love of God—a love that is revealed to us through the love we share with one another—then we will discover who we really are."  
- *Mother Dolores Hart*
- "Everybody today seems to be in such a terrible rush, anxious for greater developments and greater riches and so on, so that children have very little time for their parents. Parents have very little time for each other, and in the home begins the disruption of peace in the world."  
- *St. Mother Teresa of Calcutta*

## Quotes

- "The accidents of life separate us from our dearest friends, but let us not despair. God is like a looking glass in which souls see each other. The more we are united to Him by love, the nearer we are to those who belong to Him."  
- *St. Elizabeth Ann Seton.*
- "Take care of your body as if you were going to live forever; and take care of your soul as if you were going to die tomorrow."  
- *Saint Augustine*
- "Because God has made us for Himself, our hearts are restless until they rest in Him."  
- *Saint Augustine*
- "Hope has two beautiful daughters; their names are Anger and Courage. Anger at the way things are, and Courage to see that they do not remain as they are."  
- *Saint Augustine*
- "*God is always trying to give good things to us, but our hands are too full to receive them.*"  
- *Saint Augustine*
- "*God provides the wind, Man must raise the sail.*"  
- *Saint Augustine*
- "If you believe what you like in the gospels, and reject what you don't like, it is not the gospel you believe, but yourself."  
- *Saint Augustine*